

### **TOTS:**

A 45 minute class offering activities geared to enhance listening, social and physical skills.

### **PRE-SCHOOL:**

A great beginner class to introduce your child to the world of dance. Emphasis is placed on pre-ballet activities. Also included are rhythm, tumbling, singing and movement. *Boys are welcome!*

### **KINDERGARTEN:**

This class is structured to prepare your child for the more formal dance training of the future. Basic ballet terminology is introduced as well as expanded creative movement activities.

### **JAZZ/HIP-HOP:**

Students will learn New York and some hip-hop/street funk styles. Students develop precise movement and enhanced musicality.

### **TAP:**

This technique offers students the opportunity to develop rhythm, musicality, and precision of movement.

### **POINTE:**

This class is only offered to students taking ballet technique and are over the age of 13. The structure of this class includes a barre warm-up, center exercises (adagio and allegro combinations) and across the floor exercises.

### **MODERN:**

This class allows students to explore movement without limitations. This self-expressive form of dance will include instruction in improvisation, choreography and musicality.

All class descriptions are 1 hour classes unless otherwise noted. Also ask about adult classes.

*Please check our website for more information!*



P.O. Box 5031 • Limerick, PA 19468



*Offering Professional Instruction in:*

*Ballet*

*Jazz*

*Tap*

*Pointe*

*Modern*

*Hip-Hop*

*Special Tots*

*Pre-School Programs*

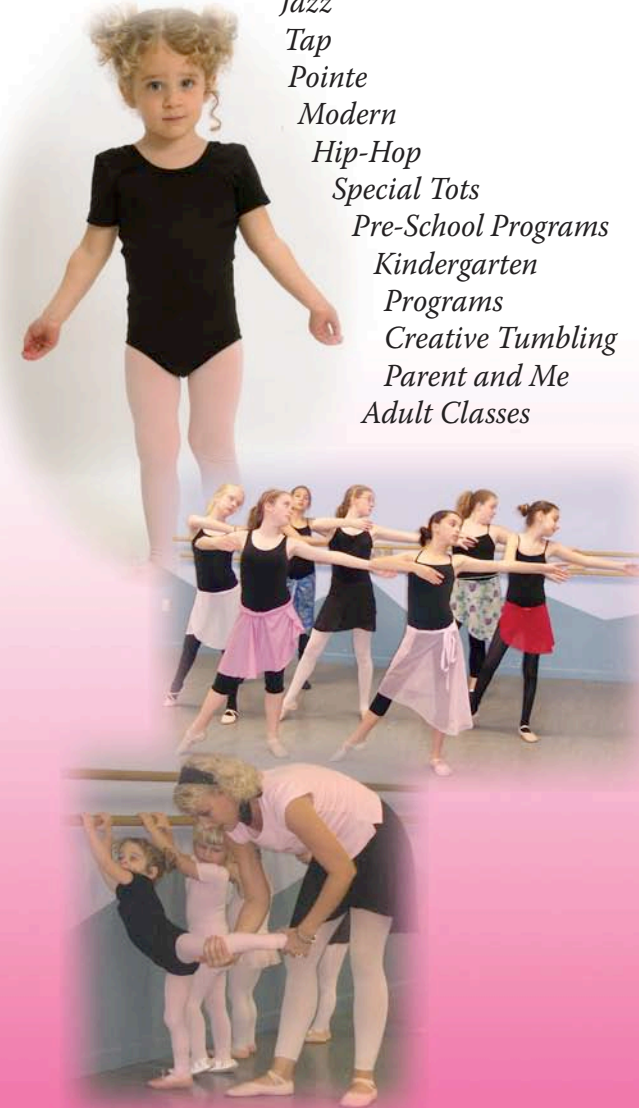
*Kindergarten*

*Programs*

*Creative Tumbling*

*Parent and Me*

*Adult Classes*



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